

# HOTEL 1000

S E A T T L E

## MENU OF SERVICES

### HOTEL 1000

1000 1st Ave | Seattle, WA 98104

[Hotel1000Seattle.com](http://Hotel1000Seattle.com)

206.357.9490

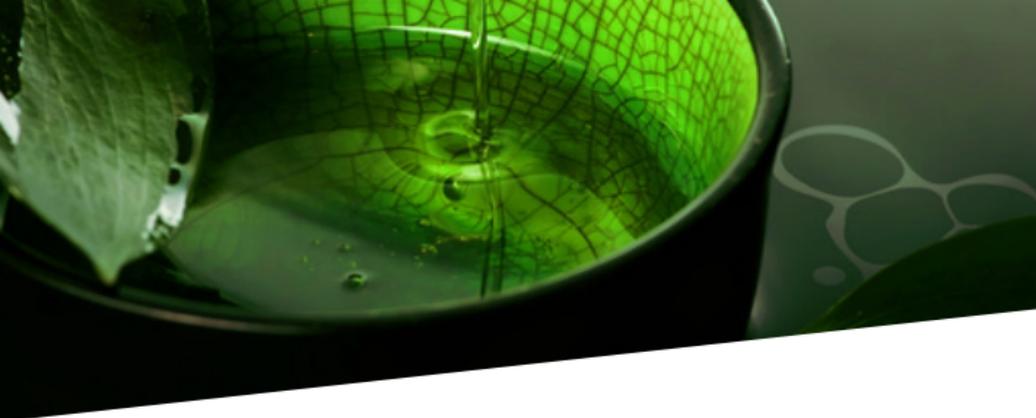
**L X R**

HOTELS & RESORTS



Something magical happens when land meets water; mountains transform where water softens rock, creating the landscapes of beauty and dreams.

Let us guide you on a journey to this space of land and water through signature treatments crafted to relax, rejuvenate, and refresh your body, mind, and soul.



## SKINCARE

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EACH FACIAL IS CREATED WITH NATURAL AND INNOVATIVE PRODUCTS TO PROVIDE EFFECTIVE RESULTS TAILORED TO YOUR PERSONAL SKIN CARE NEEDS.

50 MINUTES / 80 MINUTES

**CALM** | \$135 / \$175

Refresh and rejuvenate with deeply hydrated botanicals to address a variety of skin concerns such as premature aging, inflammation, sun damage, loss of vitality, tone and radiance.

**LIFT** | \$145 / \$185

Polish and smooth skin with high level nutrients selected to firm and tone leaving your complexion youthful and even.

**ILLUMINATE** | \$135 / \$175

Revitalize and brighten your skin as the power of science and nature combine to diminish the appearance of fine lines enhancing your inner and outer glow.

**GENTLEMAN'S** | \$135 / \$175

Customized for men's skin care needs, this balancing facial effectively renews skin tone and texture while soothing and restoring devitalized, sun-damaged or razor-burned skin.

## WAXING

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**BROWS** | \$30

**MEN'S BROW  
CLEANUP** | \$20

**BIKINI** | \$40

**EXTENDED  
BIKINI** | \$50

**LIP** | \$10

**CHIN** | \$20

**BRAZILIAN** | \$75

**HALF LEG** | \$50

**FULL LEG** | \$75

# MASSAGE

FROM RELAXATION TO DETOXIFICATION, OUR HEALING BODY TREATMENTS WILL INCREASE CIRCULATION, REPLENISH AND HYDRATE SKIN, AND PROMOTE OVERALL WELLBEING.

50 MINUTES / 80 MINUTES

## RELAXATION | \$130 / \$170

Unwind with a traditional Swedish massage personalized for your preference. Your therapist will help ease your mind by using smooth, long strokes with light to moderate pressure.

## DEEP TISSUE | \$150 / \$190

Relax sore muscles and improve flexibility in stiff joints as your therapist targets specific problem areas helping to alleviate pain from chronic and acute conditions.

## WARMTH | \$155 / \$195

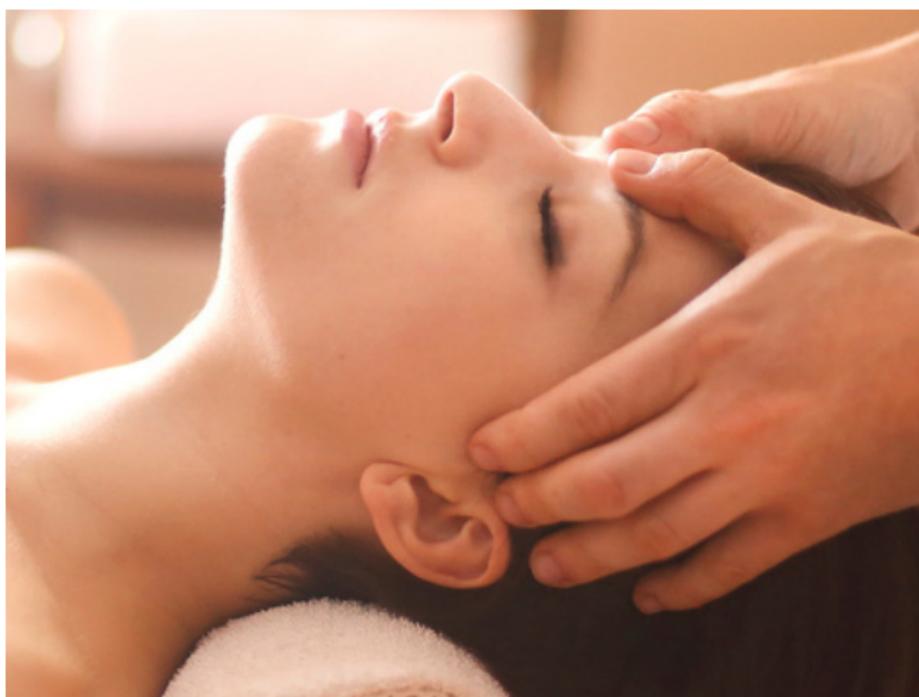
Melt away stress as the therapeutic properties of heated stones blend with light to moderate massage strokes to improve circulation and promote wellbeing.

## SPORTS | \$150 / \$190

Restore muscles to peak performance through light stretching, recovery-focused techniques, and a soothing muscle oil all to improve range of motion, circulation, and flexibility.

## MOM TO BE | \$145 / \$185

Improve sleep, reduce stress, and soothe muscle fatigue with this restorative Swedish massage. Includes an application of healing balm to help reduce the appearance of stretch marks.





## BODY TREATMENTS

BE SURE TO ENJOY THESE TREATMENTS DURING THE WINTER MONTHS WHEN CENTRAL HEATING AND THE INCLEMENT WEATHER ARE TAKING THEIR TOLL ON YOUR SKIN.

50 MINUTES

### CITRUS NECTAR BODY SCRUB | \$135

Look and feel radiant with our full body exfoliation and hydrating treatment. It is sure to become your new favorite beauty ritual!

### QUENCH BODY WRAP | \$145

This luxurious body treatment starts with our aromatic full body exfoliation. Get quenched and chill out as you enjoy being cocooned in avocado's smorgasbord of vitamins and antioxidants. This beautiful hydrating treatment will leave you glowing from head to toe!



# HOW TO SPA

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## RESERVATION

Appointments may be scheduled during operational hours by calling 206.357.9490. A hotel reservation or credit card is required to secure your appointment.

## AMENITIES

For your comfort and convenience, we will provide you with a locker, robe, slippers and grooming amenities.

## BEFORE YOUR TREATMENT

We ask that you arrive 15 minutes before your scheduled appointment to ensure full service. A health history form is presented at the time of arrival so we can perform services comfortably, effectively and safely. You will have access to the sauna and fitness center for the duration of your spa visit. Hotel 1000 Seattle is pleased to offer complimentary valet parking for Spa patrons during service.

## CANCELLATION

We ask that appointment changes or cancellations be made 24 hours prior to your scheduled appointment. Cancellations not made within 24 hours will be charged 50% and no-shows are charged 100% of the treatment rate.

## SERVICE CHARGE

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. Gratuities for these efforts are greatly appreciated. For your convenience, a 20% gratuity is automatically added to your treatment and may be modified at your discretion.

## HOURS OF OPERATION

Friday through Sunday from 10am - 6pm.

## OUR LOCATION

The spa is conveniently located on the lower lobby of Hotel 1000.