

THE SPA
HOTEL 1000
S E A T T L E

MENU OF SERVICES

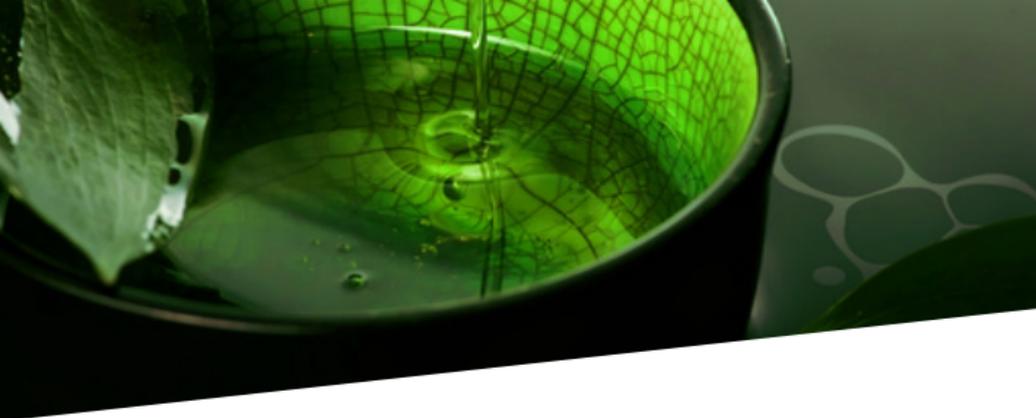
HOTEL 1000
1000 1st Ave | Seattle, WA 98104
Hotel1000Seattle.com
206.357.9490

L X R
HOTELS & RESORTS



Something magical happens when land meets water; mountains transform where water softens rock, creating the landscapes of beauty and dreams.

Let us guide you on a journey to this space of land and water through signature treatments crafted to relax, rejuvenate, and refresh your body, mind, and soul.



SKINCARE

EACH FACIAL IS CREATED WITH NATURAL AND INNOVATIVE PRODUCTS TO PROVIDE EFFECTIVE RESULTS TAILORED TO YOUR PERSONAL SKIN CARE NEEDS.

50 MINUTES / 80 MINUTES

CALM | \$150 / \$200

Refresh and rejuvenate with deeply hydrated botanicals to address a variety of skin concerns such as premature aging, inflammation, sun damage, loss of vitality, tone and radiance.

LIFT | \$160 / \$210

Polish and smooth skin with high level nutrients selected to firm and tone leaving your complexion youthful and even.

ILLUMINATE | \$150 / \$200

Revitalize and brighten your skin as the power of science and nature combine to diminish the appearance of fine lines enhancing your inner and outer glow.

GENTLEMAN'S | \$140 / \$190

Customized for men's skin care needs, this balancing facial effectively renews skin tone and texture while soothing and restoring devitalized, sun-damaged or razor-burned skin.

WAXING

BROWS | \$30

MEN'S BROW
CLEANUP | \$20

BIKINI | \$40

EXTENDED
BIKINI | \$50

LIP | \$10

CHIN | \$20

BRAZILIAN | \$75

HALF LEG | \$50

FULL LEG | \$75

MASSAGE

50 MINUTES / 80 MINUTES

RELAXATION | \$150 / \$210

Unwind with a traditional Swedish massage personalized for your preference. Your therapist will help ease your mind by using smooth, long strokes with light to moderate pressure.

DEEP TISSUE | \$160 / \$220

Relax sore muscles and improve flexibility in stiff joints as your therapist targets specific problem areas helping to alleviate pain from chronic and acute conditions.

WARMTH | \$160 / \$220

Melt away stress as the therapeutic properties of heated stones blend with light to moderate massage strokes to improve circulation and promote wellbeing.

SPORTS | \$150 / \$210

Restore muscles to peak performance through light stretching, recovery-focused techniques, and a soothing muscle oil all to improve range of motion, circulation, and flexibility.

MOM TO BE | \$160 / \$220

Improve sleep, reduce stress, and soothe muscle fatigue with this restorative Swedish massage. Includes an application of healing balm to help reduce the appearance of stretch marks.

BODY TREATMENTS

50 MINUTES

CITRUS NECTAR BODY SCRUB | \$150

Look and feel radiant with our full body exfoliation and hydrating treatment. It is sure to become your new favorite beauty ritual!

QUENCH BODY WRAP | \$160

This luxurious body treatment starts with our aromatic full body exfoliation. Get quenched and chill out as you enjoy being cocooned in avocado's smorgasbord of vitamins and antioxidants. This beautiful hydrating treatment will leave you glowing from head to toe!





PACKAGES

50 MINUTES

SELF-CARE SPA DAY | \$60

This is perfect for those that need a quick getaway and want to pamper themselves. We provide a sample of products you will need to indulge in a Self-Care Spa Day: Deep Hair Conditioner, Face Mask, Body Scrub, Body Seaweed Mud, Heel Recovery, Body Butter, Dry Sauna, Robes and Slippers... need you read more?

HEAD, HANDS & FEET | \$150

This treatment begins with a massage around your head, scalp, temples, ears, and back of neck. Next, we concentrate on each arm from the palms of your hands, to each finger and knuckle, the wrist, lower arms and upper arms. Followed by a foot massage around your ankles, heels, and each toe, and concludes with a honey heel balm.

BACK, LEGS & SHOULDERS | \$150

Start your treatment with a warm stone massage on your back and legs. Next, your therapist will work on your neck and shoulders and will place a warm neck and shoulder lavender pillow when finished. This experience concludes with a treat for your feet.

80 MINUTES

FACIAL & BODY SCRUB | \$220

This treatment begins with a relaxing body scrub to exfoliate your skin while your body is hydrated and moisturized. Next, you will receive a relaxing and cleansing facial customized to your skin type. Leave feeling completely refreshed and renewed.

BODY SCRUB & WRAP | \$220

Start your experience with a full body scrub to exfoliate your skin. You will then be wrapped in our Seaweed Mudd to moisturize and add nutrients while receiving a head and hands (or feet) massage. After a thorough shower, you will be lathered in a luxurious body butter before you leave feeling fully cleansed, energized, and moisturized.

HOW TO SPA

RESERVATION

Appointments may be scheduled during operational hours by calling 206.357.9490. A hotel reservation or credit card is required to secure your appointment.

AMENITIES

For your comfort and convenience, we will provide you with a locker, robe, slippers and grooming amenities.

BEFORE YOUR TREATMENT

We ask that you arrive 15 minutes before your scheduled appointment to ensure full service. A health history form is presented at the time of arrival so we can perform services comfortably, effectively and safely. You will have access to the sauna and fitness center for the duration of your spa visit. Hotel 1000 Seattle is pleased to offer complimentary valet parking for Spa patrons during service.

CANCELLATION

We ask that appointment changes or cancellations be made 24 hours prior to your scheduled appointment. Cancellations not made within 24 hours will be charged 50% and no-shows are charged 100% of the treatment rate.

SERVICE CHARGE

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. Gratuities for these efforts are greatly appreciated. For your convenience, a 20% gratuity is automatically added to your treatment and may be modified at your discretion.

HOURS OF OPERATION

Friday through Sunday from 10am - 6pm.

OUR LOCATION

The spa is conveniently located on the lower lobby of Hotel 1000.