

THE SPA  
HOTEL 1000

S E A T T L E

MENU OF SERVICES

HOTEL 1000

1000 1st Ave | Seattle, WA 98104

[Hotel1000Seattle.com](http://Hotel1000Seattle.com)

206.357.9490

L X R

HOTELS & RESORTS

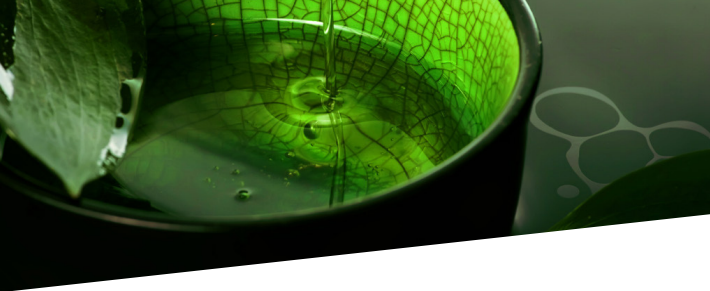


Something magical happens when land meets water; mountains transform where water softens rock, creating the landscapes of beauty and dreams.

Let us guide you on a journey to this space of land and water through signature treatments crafted to relax, rejuvenate, and refresh your body, mind, and soul.

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The Spa at Hotel 1000 offers a unique selection of facial, massage and body treatments ranging anywhere between 50 minutes to 3 hours of pampering. Our exclusive treatment packages allow you to experience both an effective element of a skincare body treatment and expert facial, as well as the restorative elements of a massage.



## MASSAGE

50 MINUTES, \$170 | 80 MINUTES, \$240

### Select the Pressure

- Deep
- Relaxation
- Sports

### ENHANCE YOUR MASSAGE EXPERIENCE

Enhancements (+10 Minutes) | \$30 each

- Lower Leg Rejuvenation
- Foot Scrub

Enhancements | \$15 each

- Scalp Treatment
- Honey Heel Glaze
- CBD Cream
- Warm Stones
- Muscle Relief Balm
- Aromatherapy



## GROUPS

### PRIVATE SPA PARTIES

Create a spa day event for you and your friends. We can accommodate up to a group of 4 to 10 people. Spa Day events range from 1 hour up to 4 hours or more. Give us a call to go over various customized options for a super relaxing and pampering day just for you and your friends.

50 MINUTES, \$170

### Body Scrub or Body Wrap

80 MINUTES, \$240

#### Love Me Body Scrub and Wrap

Using our WELL Love Me Sugar Scrub spa product - it's like a romance novel... but for your skin! This light kiss of rose, coupled with a buttery, sugar scrub is going to be the new love of your life! Or at least love of your new smooth, glowing, skin...

The glycolic and alpha-hydroxyl acid in sugar assists to keep skin well-balanced, healthy, and glowing. It helps to protect your skin against toxins and works as an anti-aging ingredient. Cleansing your skin with sugar helps to fight toxins from the environment. And it also helps to retain a youthful appearance on your skin. Rose essential oil has been used since ancient times to fight depression, anti-aging, fight acne, relieve cramps, and as an aphrodisiac. We love it naturally - no fragrances added.

This isn't your grandmas rose oil. This is a very light, beautiful scent that is the perfect indulgence. The glycolic and alpha-hydroxyl acid in sugar assists to keep skin well-balanced, healthy, and glowing. It helps to protect your skin against toxins and works as an anti-aging ingredient. Cleansing your skin with sugar helps to fight toxins from the environment. And it also helps to retain a youthful appearance on your skin.

3 HOURS, \$575

#### Seattle Signature Body Treatment

You're in Seattle, you need coffee and the Pacific Ocean to feel at home. Let us pamper you from Head to Toe. Start with your favorite 50 minute massage with any enhancement of your choice. Following your massage, your technician will guide you to a full body exfoliation using Seattle's Favorite Coffee to scrub and exfoliate your skin, which will promote circulation and decrease visible cellulite, Pacific Ocean inspired seaweed gel will then be applied to hydrate and moisturize your body. A lower leg rejuvenation will be applied to your calves and feet to add more pep in your step. Take a tea and snack break before you head into your customized 50 minute signature facial.

## SKINCARE

50 MINUTES, \$170 | 80 MINUTES, \$240

### Hotel 1000 Bespoke Facial

Your Skin Therapist will design a personalized Facial Treatment to target your skin concerns as well as assist with your lifelong skincare journey. Leave feeling refreshed, rejuvenated, inspired and completely relaxed.

100 MINUTES, \$350

### Hotel 1000 Signature Facial

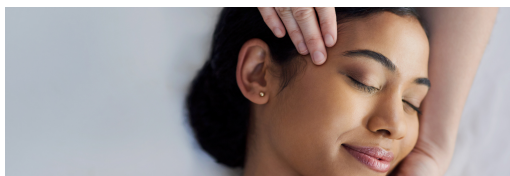
Embark on a rejuvenating journey with our Hotel 1000 Signature Facial, blending local inspired ingredients and renowned Seattle-based skincare line, HydroPeptide, our expert estheticians will guide you through a blissful relaxation experience.

Begin with a personalized skin analysis and indulge in a double cleanse, botanical toner, and a honey enzyme exfoliation. Luxuriate in a hydrating seaweed hand treatment, followed by a relaxing face, neck, and décolleté massage. ultrasonic and manual extractions if needed, high frequency and cold therapy, rose jelly mask, scalp massage, lymphatic drainage, LED light therapy, customized finishing products.

This treatment is good for all skin types, including sensitive, acne and aging skin.

### NATURAL BEAUTY

We also offer a range of professional beauty maintenance treatments including hair removal (waxing services) and Lash and Brow Tinting services.



# HOW TO SPA

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## RESERVATION

Appointments may be scheduled during operational hours by calling 206.357.9490. A hotel reservation or credit card is required to secure your appointment.

## AMENITIES

For your comfort and convenience, we will provide you with a locker, robe, slippers and grooming amenities.

## BEFORE YOUR TREATMENT

We ask that you arrive 15 minutes before your scheduled appointment to ensure full service. A health history form is presented at the time of arrival so we can perform services comfortably, effectively and safely. You will have access to the sauna and locker facilities for the duration of your spa visit. Hotel 1000 Seattle is pleased to offer complimentary valet parking for Spa patrons during service.

## CANCELLATION

We ask that appointment changes or cancellations be made 24 hours prior to your scheduled appointment. Cancellations not made within 24 hours will be charged 50% and no-shows are charged 100% of the treatment rate.

## SERVICE CHARGE

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. Gratuities for these efforts are greatly appreciated. For your convenience, a 20% service charge is automatically added to your treatment and may be modified at your discretion.

## HOURS OF OPERATION

Monday through Thursday from 10am - 6pm  
Friday, Saturday and Sunday 9am - 7pm

## OUR LOCATION

The spa is conveniently located on the lower lobby of Hotel 1000.